

Improving the Physical Health of People in Sheffield



You can also answer these questions online at www.surveymonkey.co.uk/r/DXRQHUF

Please answer our questions...

Which best describes you? Please

- I am an individual with lived experience
- I am a (family/unpaid) carer for an individual
- I am an employee or volunteer involved in the care of individuals
- Other



Which area do you have experience or interest in?
 (You may choose more than one)

- Severe mental illness
- Learning disability
- Autistic spectrum condition

Tell us how important you think the 5 areas are...

Put a circle on your answer here



 	<p>1. Health professionals will make 'reasonable adjustments'.</p> <p>This means that people's with mental illness, learning disability or autistic spectrum condition needs are recognised.</p> <p>It means they get the right care when they need it.</p>	<p style="text-align: center;">3</p> <p style="text-align: center;">Very important</p> <hr/> <p style="text-align: center;">2</p> <p style="text-align: center;">Quite important</p> <hr/> <p style="text-align: center;">1</p> <p style="text-align: center;">Less important</p>
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Put a circle on your answer here



2. Every time a person has a meeting about their mental health, disability or social needs the professional will also ask about their physical health.

This makes sure that physical health is seen as on everyone's business.

3
Very important

2
Quite important

1
Less important

Put a circle on your answer here



3. People will have equal access to healthy living and activities that keep them well in their community.

This may mean that people are offered more support (reasonable adjustments) to take part.

3
Very important

2
Quite important

1
Less important

Put a circle on your answer here



4. People will be heard and be able to tell organisations what they think about their health and care.

Carers will also have the opportunity to have their say.

3

Very important

2

Quite important

1

Less important

Put a circle on your answer here



TCPs



5. The leaders of health and social care in Sheffield will make sure physical health is a priority in everyone's service delivery plan.

They will do this by checking how well services are doing with physical health.

This includes:

- health services
- social services
- private services
- voluntary services

3

Very important

2

Quite important

1

Less important

What do you think of strategy?

?



What do think will be difficult to change?



What would help?

?



What is missing from the strategy?



How will we know things are getting better for people?

Questions about Coronavirus



How has coronavirus affected you?



Have you had to isolate and not see people?



Put a circle on your answer here



During coronavirus I have exercised...

3
More
than
usual

2
About
the same

1
Less
than
usual



Put a circle on your answer here



During coronavirus I have eaten healthy food...

3
More than usual

2
About the same



1
Less than usual



Put a circle on your answer here



During coronavirus I have drunk alcohol...

3
More than usual

2
About the same



You can tick below:

I don't drink alcohol

1
Less than usual



Put a circle on your answer here



During coronavirus I have smoked...

Non-smokers can tick below:

I don't drink smoke

3
More than usual

2
About the same

1
Less than usual



Put a circle on your answer here



During coronavirus I have taken medications from the doctor...

You can tick below:

I don't have any medications

3
More than usual



2
About the same

1
Less than usual





Put a circle on your answer here



 	<p>During coronavirus I have attended my medical appointments...</p> <p>If this is different, why has this changed?</p>	<p>3 More than usual</p>
		<p>2 About the same</p>
		<p>1 Less than usual</p>

Your experience of coronavirus

 	<p>What would help you look after your physical health better during coronavirus?</p>
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Keep involved ...



Can you get involved and help us improve physical health?

- Yes - please leave your details below
- No

Name

Address

Email

Telephone

Thank you for taking part!



Your feedback is very helpful.

Please send your survey to:

liz.tooke@nhs.net

or

Freepost NHS Sheffield CCG