Improving the Physical Health of People in Sheffield



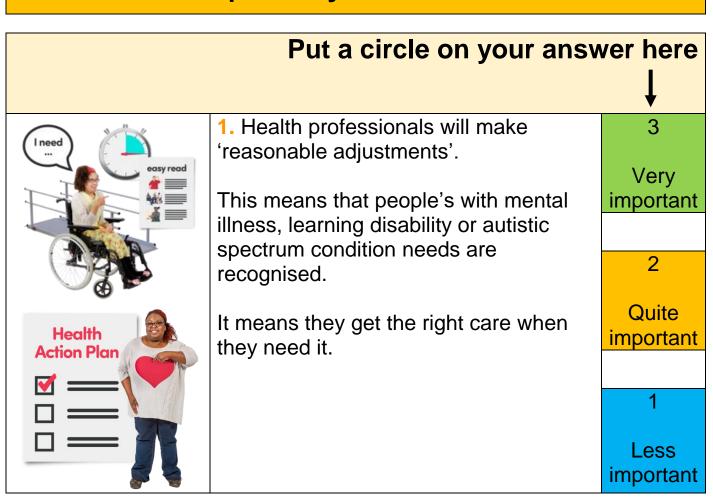
You can also answer these questions online at www.surveymonkey.co.uk/r/DXRQHYF

Please answer our questions...

Which best describes you? Please ☑
I am an individual with lived experience
I am a (family/unpaid) carer for an individual
I am an employee or volunteer involved in the care of individuals
Other

Which area do you have experience or interest in? (You may choose more than one)			
	Severe mental illness		
	Learning disability		
	Autistic spectrum condition		

Tell us how important you think the 5 areas are...



Put a circle on your answer here



2. Every time a person has a meeting about their mental health, disability or social needs the professional will also ask about their physical health.

This makes sure that physical health is seen as on everyone's business.

3

Very important

2

Quite important

1

Less important

Put a circle on your answer here



3. People will have equal access to healthy living and activities that keep them well in their community.

This may mean that people are offered more support (reasonable adjustments) to take part.

-3

Very important

2

Quite important

1

Less important

Put a circle on your answer here



4. People will be heard and be able to tell organisations what they think about their health and care.

Carers will also have the opportunity to have their say.

Very important

2

Quite important

Less important

Put a circle on your answer here





5. The leaders of health and social care in Sheffield will make sure physical health is a priority in everyone's service delivery plan.

They will do this by checking how well services are doing with physical health.

This includes:

- health services
- social services
- private services
- voluntary services

Very important

2

Quite important

Less important

What do you think of strategy?



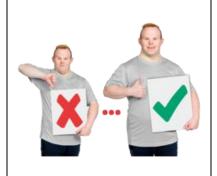
What do think will be difficult to change?



What would help?



What is missing from the strategy?



How will we know things are getting better for people?

Questions about Coronavirus

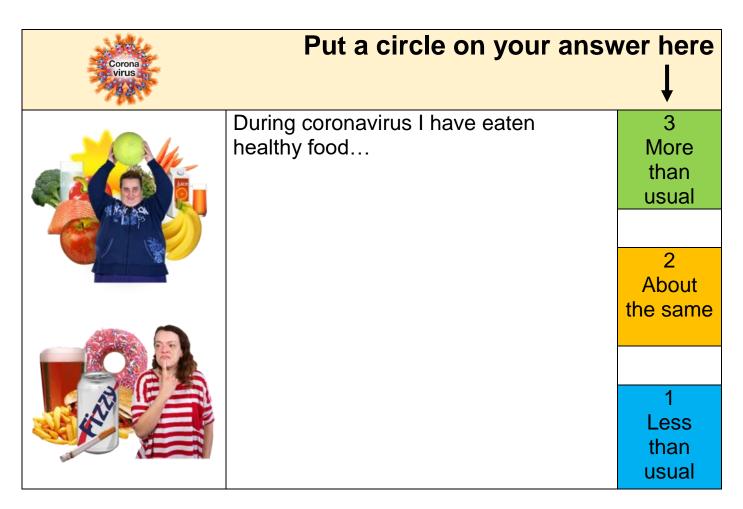


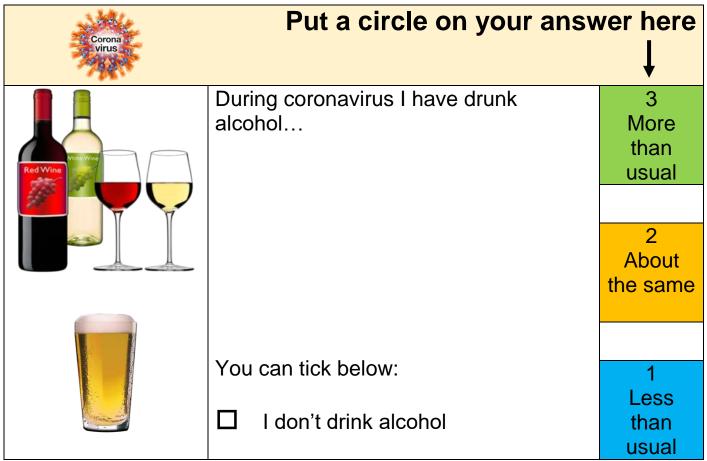
How has coronavirus affected you?

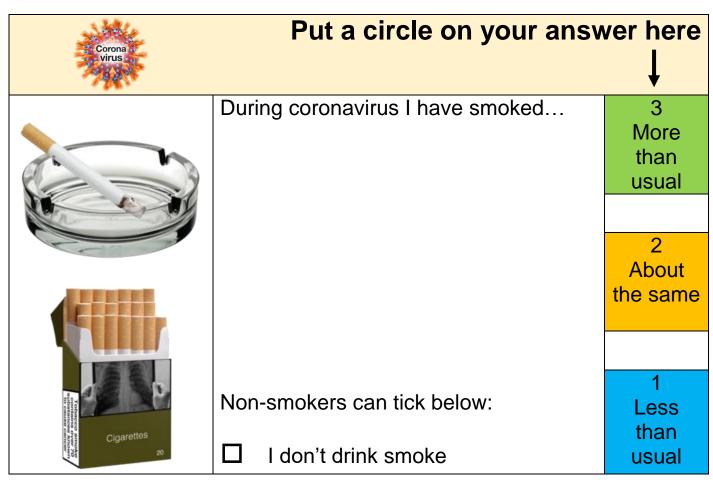


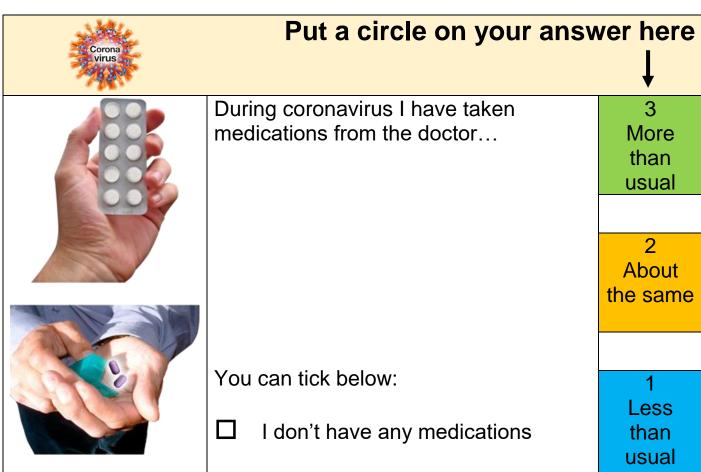
Have you had to isolate and not see people?

Put a circle on your answer here During coronavirus I have exercised... 2 About the same 1 Less than usual











Put a circle on your answer here



During coronavirus I have attended my medical appointments...

If this is different, why has this changed?

3 More than usual

2 About the same

> Less than usual



Your experience of coronavirus



What would help you look after your physical health better during coronavirus?

Keep involved				
	Can you get involved and help us improve physical health?			
	☐ Yes - please leave your details below			
	□ No			
Name				
Address				
Email				
Telephone				
Thank you for taking part!				
	Your feedback is very helpful.			



Please send your survey to:

liz.tooke@nhs.net

or

Freepost NHS Sheffield CCG