

Move More Sheffield

12th September 2022
Arrive for 9.30am,
10am start - 2.30pm finish

Venue:

English Institute for Sport
Coleridge Rd,
Sheffield,
S9 5DA

£3.00 per person carers and
supporters FREE - this money
helps to pay for the sports
activities. Please bring cash on
the day.

Keeping Healthy event for people
with learning disabilities and
autistic people who live in
Sheffield, Rotherham, Doncaster,
Barnsley.

Try activities and workshops on:
Health Passports and Screening,
Cycling, Wheelchair Rugby,
Football, Taekwondo. At the end
of the event (2.30pm) head over
to ICE Sheffield for Accessible Ice
skating.

To find out more or to book your
place please contact Speakup:
Sally@speakup.org.uk or
Hayley@speakup.org.uk
Or call: 07483 157300
07483 157293. If you want to go,
you need to book



South Yorkshire and Bassetlaw
Integrated Care System

