

## Understanding and Supporting Annual Health Checks – Awareness Training

open to support staff, carers, and family members who provide support to a person with a learning disability

Working in partnership to increase the uptake of Annual Health Checks and Health Action Plans for people with a learning disability

Join us for an engaging and informative 90-minute session designed to increase knowledge and understanding of the **Annual Health Check** for people with a learning disability. These checks play a vital role in identifying health needs early, promoting preventative care, and improving health outcomes.

This session will:

- Explain what the Annual Health Check is, who is eligible, and why it matters
- Explore the key elements covered during the appointment and what healthcare professionals are looking for
- Provide practical tips on how you can prepare and support the person you care for to get the most from their check
- Discuss how to advocate for reasonable adjustments and effective communication during the appointment
- Share examples and experiences from real-life scenarios

## Wednesday 18 June 2025, 2.30pm to 4.00pm

You do not need to book a place just click on the link to join

## Join the meeting now

Meeting ID: 353 061 118 638 0 Passcode: Ry68Pe2D



