

Remember when...

A café for body and mind

**Want to widen your circle of friends?
Looking for something new to try?**

'Remember When...' is a new café on Silkstone Road, Frecheville (at the Sports Club and Social Ground). We serve a mix of healthy food and sweet treats, have a cosy atmosphere and have activities to stimulate memories and conversation.

Try our Friendship Circle

Complete the form and post it through one of 4 boxes.

We'll match people up and invite groups of 2 or 3 people to the café to form a new Friendship Circle. After you've been once, you will find it easier to arrange to meet again, talk to new people and try more activities. You could even bring someone with you and help them to try new activities.

We will keep your information safe and will not share it with anyone.

*Not even your new Friendship Circle –
we leave it to you to choose whether you want to share details or meet again.*

Boxes can be found at –

Frecheville Library; Hackenthorpe Post Office;
Lloyd's Chemist on Birley Moor Road,; Co-op on Birley Moor Road

If you'd rather give us a call than filling in a form, no problem,
our number is 0796 878 4092, or feel free to drop the form into the café.

Frecheville Community Sports Ground and Social Club, Silkstone, Road, S12 4RH

Open Mon-Fri 9-4.30pm, Sat 9 – 12pm

www.rememberwhen.online
Facebook: Remember When Sheffield

rememberwhensheffield@gmail.com
0796 878 4092

First, tell us your name

(just first name if you like)

'Friendship Circle'

Let's get started!

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How would you like us to get in touch and what are your contact details?

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Which days and times would be best for you to come along?

(Tick as many as you want)

Monday		Tuesday		Wednesday		Thursday		Friday	
am	pm	am	pm	am	pm	am	pm	am	pm

What would you be interested in trying?

(All activities are free, you just pay for food and drink, tick as many as you want)

Just having a drink or something to eat	
Music – listening to songs, singing, playing albums, dancing	
Art – sewing, knitting, crocheting, card making, painting	
Nature – gardening, birds, walking	
Games – dominoes, cards, scrabble, jigsaws, bingo	
Indoor sport – gentle bowls, chair exercises, seated ball and hoop	
New food and drink – tasting plates from across different countries	
Stories – book/poetry readings, storytelling, sharing memories	
Learning – finding out what else is happening locally	
Pampering – hand massage, nail painting	
Helping out at busy events such as our dementia roadshows	

Is there anything else that you'd like to try, or anything else that you'd like to tell us?