

Free Education Courses



What is it?

We are running a course called:

'Creating a positive life and building confidence'

- Anyone who gets **means tested benefits** can take part.



- It will start on **Wednesday 16th January 2016** and will run for 11 weeks.

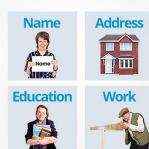


- The sessions will start at **5pm to 7pm** but you can come in at **4.30pm** and have a light tea for **£3**.



- The sessions are **free**.
- We are asking for a donation of **£1** for tea and coffee.
- If you would like to come in at **4.30pm** for a light tea it will be **£3 including tea and coffee**.

APPLICATION
FORM



If you are interest in joining please return the form on the back of this piece of paper or phone Rachel on 0114 2767757.

Application Form



Your name:

Your contact number:

Do you come to an activity at Sheffield Mencap and Gateway?

Yes

No

If yes, which one?

Gateway

Activity and Learning Hub

A different project



Do you get means tested benefits?

Yes

No

Please return this form to **Rachel McLafferty**– Sheffield Mencap and Gateway, Norfolk Lodge, Park Grange Road. Sheffield. S2 3QF. Or email developmentmanager@sheffieldmencap.org.uk