



# **Carers' Access to GPs**

## Have your say



### Focus Group - December 6<sup>th</sup> 10-12am

#### Sheffield Carers Centre, Ground Floor East, Concept House, 5 Young Street, Sheffield S1 4UP

Healthwatch Sheffield and the Sheffield Carers Centre would like to find out about the experiences of carers when they go to their GP.

#### What sort of things do we want to know?

- Do you find it hard to get an appointment?
- Does the doctor show understanding of your caring role and how it impacts on you?
- Do they link you in to the right services to help you?

These are just examples of what we would like to know about - we would like to hear about all experiences, good and poor.

#### Why?

Data collected by the NHS shows us that carers often have a harder time accessing health services than other groups of people. We know that there are barriers to access, and also some examples of good practice where GP surgeries get it right. We want to paint a picture of what this looks like in Sheffield, shine a light on good practice, and make recommendations about where improvements can be made.

#### Who is Healthwatch?

Healthwatch Sheffield is your local consumer watchdog for health and social care services.

We're here to help adults, children and young people influence and improve how services are designed and run. We're completely independent and not part of the NHS or Sheffield City Council.

#### About the Focus Group

- We would like this to be an informal, comfortable and welcoming session. If you have any questions about how it will run, please get in touch on the details below.
- You can attend together with the person you care for or on your own.
- We will pay travel costs if you need funding for extra care costs to attend we can also cover that.
- Please also get in touch if you have any access requirements we need to know about.
- If you can't come for a full 2 hours then we would welcome you to drop in for a shorter time.
- In addition to this focus group we will be running a survey questionnaire, so if you can't attend but would like to share your views there will be a way for you to do that.

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