



# "Looking Forward" workshop

**FREE online workshop for 11-17 year olds  
Tuesday 28th September 7-9pm**

The 'Looking forward' workshop is for 11–17 year-olds who have a scar, mark or condition on their face or body that makes them look and perhaps feel different.

The workshop will explore:

- **How to manage the return to school, or the move to a new school/college**
- **Tips on how to handle staring, awkward social situations and teasing**
- **Ways to improve confidence**
- **The influence of social media on appearance**

There will also be a chance to listen to some of our Changing Faces' young champions talk about their experiences of living with a visible difference.



**To find out more please email:  
[support@changingfaces.org.uk](mailto:support@changingfaces.org.uk)**

[www.changingfaces.org.uk](http://www.changingfaces.org.uk)

Changing Faces is a registered charity in England and Wales (1011222) and Scotland (SC039725)

