

# THE BIG VOICE

## The Big Voice: Mental health and being kind to your mind.

**When:** Friday, 24th January, 2025

**Time:** 10am to 2pm

**Where:** Sheffield town hall, Pinstone St,  
Sheffield City Centre, S1 2HH



**A fun, interactive, event for people with learning disabilities  
Talking about: Mental health and being kind to your mind.**

*This event is for people with learning disability and Autistic people living in  
the Sheffield area. You can come as part of a group, or by yourself.*

*Everyone is welcome!*

*Refreshments provided, bring your own lunch, please book a place through  
contact details below.*

### HOW CAN I GET INVOLVED?

[www.sheffieldvoices.org.uk](http://www.sheffieldvoices.org.uk)



[info@sheffieldvoices.org.uk](mailto:info@sheffieldvoices.org.uk)



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