



Public Health
England



Improving Health and Lives
Learning Disabilities Observatory



Thinking about health and people with learning disabilities

A free event



This event is about what people with learning disabilities, their families and supporters need to know about some important health issues:

- Weight and the importance of being a healthy weight
- Mental health and wellbeing
- Flu jabs and other ways to stop getting flu

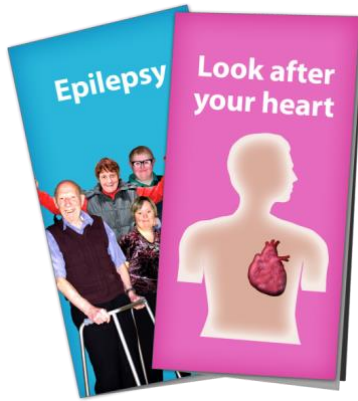


It is also about what people with learning disabilities, families and supporters can do so that people with learning disabilities can live better, healthier lives



We have asked questions about the care people get for these issues.

The answers have come from GP note systems.



We have found out what GPs are doing about these issues.

We have looked at how this compares to the care that people without learning disabilities get.



We are running some events to tell people with learning disabilities what we have found out.

We would like to hear what people think about what we have found out.

We want to talk to you about your ideas to make things better.

We want to share information on how people have made things better for you to think about.



One event will take place on

Thursday 20th September

**at Showroom and Workstation,
Sheffield.**



It will start at 11am. There will be drinks from 10.30am

It will finish at 3pm.



There will be drinks for you.



There will be lunch for you.



This event is for people with learning disabilities and their family carers.

People with learning disabilities can bring a paid supporter with them who can help them be more healthy.



If you would like to come to this free event you will need to book a place.

The application form is attached to this flyer



Improving Health and Lives
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Application form

Thinking about health and people with learning disabilities 20th September 2018

at Showroom and Workstation,
15 Paternoster Row, Sheffield, S1 2BX

Please complete a separate application for each person



Your name

Tell us the best way to contact you



Email



Telephone

All information that we give out will be in easy read format.

Please tell us if we need to be aware of any specific needs that you have to help you take part in the day.

This might be accessibility or mobility requirements, sight/hearing issues, reading/writing or dietary preferences for lunches during the training.



Please tell us if you
are coming with a
supporter

YES / NO

Thank you for your application.



If possible, please send your completed form as an
email attachment to
meetingsandevents@ndti.org.uk

or send to:



National Development Team for Inclusion
First Floor,
30-32 Westgate Buildings,
Bath BA1 1EF



Tel: 01225 789135

If you send us a completed application form and a place is reserved for
you, please let us know if you cannot attend so that we can offer your
place to someone else