

InstructAbility

FITNESS INDUSTRY TRAINING FOR DISABLED PEOPLE

Are you disabled?
Ever thought
about being a gym
instructor?



FREE Training & Qualifications

Level 1 Community Activator | Level 2 Gym Instructor | Level 3 Exercise & Disability



3 Month Places for People Work Placement

with community outreach to get more disabled people physically active

Criteria

- ✓ Disabled & Unemployed
- ✓ 16yrs + (no maximum age) with gym user experience
- ✓ Can commit to all training dates and 3 month voluntary placement
- ✓ Able to use own lived experience of disability & exercise to motivate and inspire others
- ✓ Able to work at Level 2 (GCSE) theory standard
- ✓ Willingness to undertake outreach activities in local community

All Training at Rotherham Leisure Complex, Effingham St, Rotherham S65 1BL

Selection & Enrolment: Tuesday 25 July 9am – 5pm

Full attendance required for all Training Dates (approx. 10.30am – 4.30pm)

August: 02, 04, 07, 09, 11, 16, 18, 21, 25, 30

September: 01, 04, 06, 15, 22, 25, 27

October: 09, 11, 13

November: 13

Placement

Placements are available at various Places For People Leisure Centres. Placements will be decided after enrolment and will commence towards the end of training.

Register interest online now www.instructability.org.uk

Opens for application in May 2017



Contact us at Aspire

Phone, Text, WhatsApp: 07407532197 or 07766923328

Email:

instructability@aspire.org.uk

Website:

www.instructability.org.uk