



Inclusion North Bulletin

Issue Number 141

25th May 2017



In this bulletin you will hear about some of the work Inclusion North is doing and information about what is happening across the country.



Vacancies for Volunteer Advisory Council Members

Inclusion North's Advisory Council is looking for new Volunteer Members to join them.

The Advisory Council

- Check Inclusion North are doing what they should be
- Ask questions about Inclusion North's work
- Share new ideas
- Advise the staff and Directors on what Inclusion North should do
- Ask other people what they think
- Tell the staff and Directors what's important in local areas
- Share ideas and supporting each other
- Bring different points of view and experiences

To find out more, please click

<http://bit.ly/2qzYWs2>

For more information about the Advisory Council

Please click <http://bit.ly/INAdvisoryCouncil>

For an application pack

Email: melissa@inclusionnorth.org

The closing date for applications is 30th June 2017

If you want to talk about the role please contact

Karen Parry, Chief Executive, on:

Tel: 07375034291 Email: Karen@inclusionnorth.org

North East

Tyneside Access Cinema



Tyneside Cinema is showing films for people with a learning disability, autism or both and any other disability.

You can enjoy family films every two weeks on Sundays.

The sound will be turned down and the lights up a little.

Access Cinema staff will be around throughout the film if you need any help.

THE RED TURTLE

On Sunday 28th May

At 10:30 am

MY LIFE AS A COURGETTE

On Sunday 11th June

At 10:30 am

SING

On Sunday 25th June

At 10:30 am

Tickets are £4.00 for everybody.

Carers with a carer's pass or Max card or HUB card or CEA pass will have free entry.

For Tickets

Telephone 0191 227 5500

Website

www.tynesidecinema.co.uk/access-cinema



Fulfilling Lives

7



Fulfilling Lives 7

The Peoples Parliament Durham is having the Fulfilling Lives 7 event.

The event will include over 70 stalls with

- Social Activities
- Health Advice and Staying Safe
- Carers Zones

The event is on the
1st June

At New College Durham **from 10am until 4pm**

For more information

Telephone Paul James 03000 265521

To book a stall

Email Paul.Richard.James@durham.gov.uk



The Vault Friendship Group

The Vault will be having Friendship Group event on

Friday 2nd June

From

1 pm until 3 pm

At The Vault
Rivers Edge Hotel
Green Lane
Gateshead
NE10 0SB

For tickets

Telephone 0191 438 2750



Newcastle Carers



Newcastle Carers – Carers Week

Newcastle Carers invites you on the Open Day of the Carers Week event

On

Saturday 17th June

From 12 pm until 3 pm

At

Newcastle Carers Centre

135-139 Shields Road

Byker, Newcastle

NE6 1DN

For more information, please click

www.newcastlecarers.org.uk

Or Telephone 0191 275 5060

Yorkshire and Humber

CHANGE Workshop

CHANGE is a human rights organisation led by Disabled People.

Change is working with the NHS and having 4 free workshop on Integrated Personal Commissioning

25th May

1st June

8th June

15th June

From 11 am until 3 pm

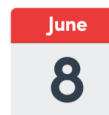
At Calls Landing

36 – 38 The Calls

Leeds, LS2 7EW

To book a place

Telephone 0113 242 6619





York Carers Centre - Carers Week

York Carers Centre is running a Carers Week.

Carers week is an annual awareness campaign to celebrate and identify the major contribution by the million carers.

It will focus on Carers Friendly Communities.

Carers week will start from 12th June until 18th June

You can find information stands at

- York Hospital
- Sainsburys Monks Cross
- City of York Councils West Offices

You can see us

On a bus in Parliament Street

On

Wednesday, 14th June

From 9 am until 5 pm

At Haxby and Wiggington Health Clinic

On

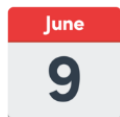
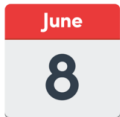
Thursday, 15th June

From 10 am until 12 pm

For more information, please click

www.yorkcarerscentre.co.uk





CONTAINED – Mind the Gap

CONTAINED is a theatre show by Mind the Gap.

The show is about true stories including families, friendships, love and loss, everyday things and unusual things that happen.

The shows are on

8th June – 8 pm

9th June – 1 pm

Tickets – Pay what you can from £1 to £20

They also have

Liam Bairstow Talks Corrie

on

8th June

From 6:00 pm until 6:45 pm

CONTAINED – The Workshop

On

9th June

From 10:30 am until 12:00 pm

All events are free if you have purchased a ticket to CONTAINED

At Square Chapel Arts Centre

10 Square Road

Halifax HX1 1QG

For more information, please click on the link

<http://bit.ly/2q9k6cW>

Or Telephone 01274 487390



North Yorkshire Carers Plan And Survey

North Yorkshire County Council have made an easy read version of the draft North Yorkshire Carers Plan.

The plan tells you about what they think they should do to help carers

The Plan says that the Health and Wellbeing Board will:

- Make sure carers can have their say about the services they need.
- Make sure carers and the people they look after get the right sort of support.
- Ask employers to have flexible working policies to help carers who work.
- Make sure carers can have a break when they need one.
- Work with schools to help young carers.
- Make sure young carers get the support they need.
- Listen to what carers say is important to them.

They want to know what you think about this plan.

For easy read plan please click on the link below

<http://bit.ly/2qVceNw>

For easy read survey please click on the link below

<http://bit.ly/2qULHBY>

Please follow the link for more information

<http://bit.ly/2rPtrYU>

Telephone 01609 534527

The closing date for the survey is the 23rd June



**English Federation
of Disability Sport**

Making **active lives** possible



Vacancy as a Board member

English Federation of Disability Sport (EFDS) work to make sure that people with a learning disability are active for life.

They are looking for someone to join their Board. To find out more, please click

<http://bit.ly/2qGUYNv>

Closing date

14th June

at 5 pm

Submit your CV with a supporting covering letter to

Agata Sromecka

By Post

EFDS

SportPark

Loughborough University

3 Oakwood Drive

Loughborough

LE11 3QF

Or

By Email asromecka@efds.co.uk



Disability Action Yorkshire Market Place

Disability Action Yorkshire is a charity that provides services which create opportunities for people with a learning disability to live the lifestyle of their choosing.

This event will show the services and products available for people with a learning disability.

These services and products will also focus on

- Assistive Technology
- Help in independent living



On 7th June



From

2 pm until 7 pm

At

Cedar Court Hotel
Harrogate



For more information

Telephone 01423 855410



Website <http://www.disabilityactionyorkshire.org.uk/>



What is coming up next

- | | |
|-----------------------|---------------------------|
| 5 th June | North East Talking Travel |
| 13 th June | Together North East |
| 15 th June | South Tees Provider Forum |

If you would like to know more about any of these events contact Sam on 0113 244 4792

samta@inclusionnorth.org



If you would like any information on any of our meetings, training or projects you can contact the office on:

Tel: 0113 244 4792

E-mail: info@inclusionnorth.org

Or you can write to us at:

Inclusion North CIC
Woodhouse Community Centre
197 Woodhouse Street
Leeds, LS6 2NY

You can visit our website at:

www.inclusionnorth.org

Or you can contact any member of the Inclusion North team:



Karen Parry

Chief Executive Officer

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Sam Dhruv

Tel: 0113 2444792

Email: samta@inclusionnorth.org



Inclusion North Member Areas 2017-18

If you live in one of these areas you can come to our member events.



Yorkshire and the Humber

Barnsley
Bradford
Calderdale
Doncaster
Hull
Leeds
North Lincolnshire
North Yorkshire
Sheffield
Wakefield



North East

Darlington
Durham
Gateshead
Hartlepool
Middlesbrough
Newcastle
North Tyneside
Northumberland
Redcar and Cleveland
South Tyneside
Stockton
Sunderland
